

An intensive leadership programme that builds confidence in participants at a personal and leadership level.

Designed to give leaders the core leadership knowledge and self-knowledge to commit to focused personal and leadership skill development.

A high-paced programme, very participative and activity-based in its delivery.

Culminates in a personal and leadership development plan.

The programme is quality assured by NWU Business School.

PROGRAMME PHILOSOPHY

The context within which leaders must lead should determine the essential skills that leaders should develop.

Developing these skills is a process that requires self-insight and a clear development plan.

Essential Leadership Insight

Certificate issued by NWU

DESIGNED

FOR Managers

Specialists

Deep personal discovery PERSONAL

BENEFITS Credible development plan based on sound insights, reflection and practical actions

> Commitment of direct manager to development

Leading with confidence

Supervisors

Use of practical tools after completion

Improved relationships

ORGANISATIONAL

BENEFITS

Effective leadership and positive relationships

Leader with commitment to own development in partnership with direct

manager

Current applied leadership theory and

practice

Exceptional impact on team performance

when attended by teams

DELIVERY

Duration: 6 days in 3 two-day sessions

Venue: In-house at venue of client's choice

Group size: 20 to 30 participants

FOR SUCCESS

Personal and Leadership Development Plan

Development Plan presentation

Portfolio of Evidence

Attendance of at least 5 days





Programme structure and content



- The 4th Industrial Revolution and digitalisation
- The Connection Economy
- Strategy of the organisation
- Culture and organisational values
- Impact of the leadership world on our organisation
- Leadership



- Reflection journaling
- Emotionally and socially intelligent leader behaviour
- Leading change
- Resiliency
- Making better decisions
- Valuing diversity
- Communicating powerfully
- Developing effective relationships
- Leading people and teams
- Being a courageous follower



- Being vulnerable and inspiring
- Skills of power
- Understanding personal values
- Personal identity and brand

"This programme allowed me to dig deep into myself. I Really enjoyed it and will take a lot of the knowledge going forward."

"The 'vulnerable leader' was an eye opener for me and truly assisted me to be comfortable and aware of some personal limitations."

"Some parts of the programme were tough to go through, but necessary. It is always difficult to learn about yourself but, I am glad I did the programme."

"This was a life changing experience!
Thank you! I thought I will learn how to be a good leader, but this programme gave meaning to my life."

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